



Navan Hockey Club are delighted to be starting up



Who is it for?

Men and women aged 30-70 who would like to get active or just have some fun and socialise.

Do I need to have played hockey before?

No. Anyone can try it out.

What do I need?

Just yourself. We will provide sticks for you and go through the rules with you. Please wear runners and comfortable clothes

Where: Aura Leisure Link Hockey pitches. Windtown Road, Navan.

When: Saturday 25th April, 2026

Time: 12-1pm